

SENSORY EXPLORERS TRAIL

WELSHMILL PARK AND THE ROUNDHOUSE GARDEN



This is a gentle loop trail around Welshmill Park and the Roundhouse Garden following the route of the river. You can start at any point and walk in either direction – see if you can find the markers along the way. The trail is suitable for wheelchairs and pushchairs. Take your time and enjoy.

👁️ Stand on the bridge – what can you see when you look along the river?

Welshmill Lane

👃 Can you smell the different herbs in the raised beds? (Give the leaves a gentle squeeze!).

👂 Can you hear the water rushing over the weir?

👁️ Walk inside the Roundhouse and look up at the roof - what patterns can you see?

🐛 Can you spot any bugs living in the bug hotel?

🚂 Is there a train coming! They can be very long....

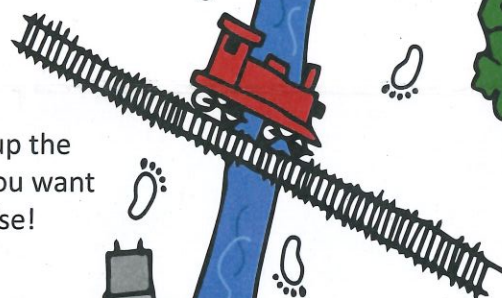
👂 Try stomping up the steps or ramp if you want to make some noise!

👂 Do things sound different under the bridge?

👋 Can you feel the smooth metal surface of the old machinery?

👁️ How many support cables are there on the Button bridge?

Roundhouse Garden



Button Bridge

Welshmill Park

👋 You can wobble over the net bridge in the play park and whiz down the smooth slide!

👁️ There are 2 tunnels in the play park – what can you see through them? Can you hide in there?



👋 Why not take your shoes and socks off and feel the sand between your toes in the sandpit?

👋 👁️ Can you feel the smooth wood of the carved bench? How many animals can you see on it?

Woodland

👂 Walk into the woods and close your eyes - does it feel and smell different?

👋 Take a break and taste something lovely at the Cheese and Grain café.

👁️ Stand on the bridge – what can you see when you look along the river?

KEY



River



Footpath trail



Railway

ALONG THE WHOLE TRAIL



- How fast can you complete the trim trail?
- There are 4 carved wooden posts on the trail – can you find them all? What animals are carved into them?
- Sometimes you will see lots of movement and hear lots of activity – see if there are canoeists on the river or cyclists on the pump track.
- Tree bark has lots of different textures – which is your favourite?



- Can you see any animals - they may be on the river or in the trees.
- There are 3 pieces of street art around the loop – can you find them?
- Can you see ripples on the river? What do you think caused them?
- Stand under a big tree and look up – what patterns can you see?



- Can you hear birds singing in the trees?
- Can you hear the wind rushing through the branches or rain falling on the leaves?



- You'll find lots of flowers and leaves on the trail – look out for different shapes, colours, textures, patterns and scents.

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