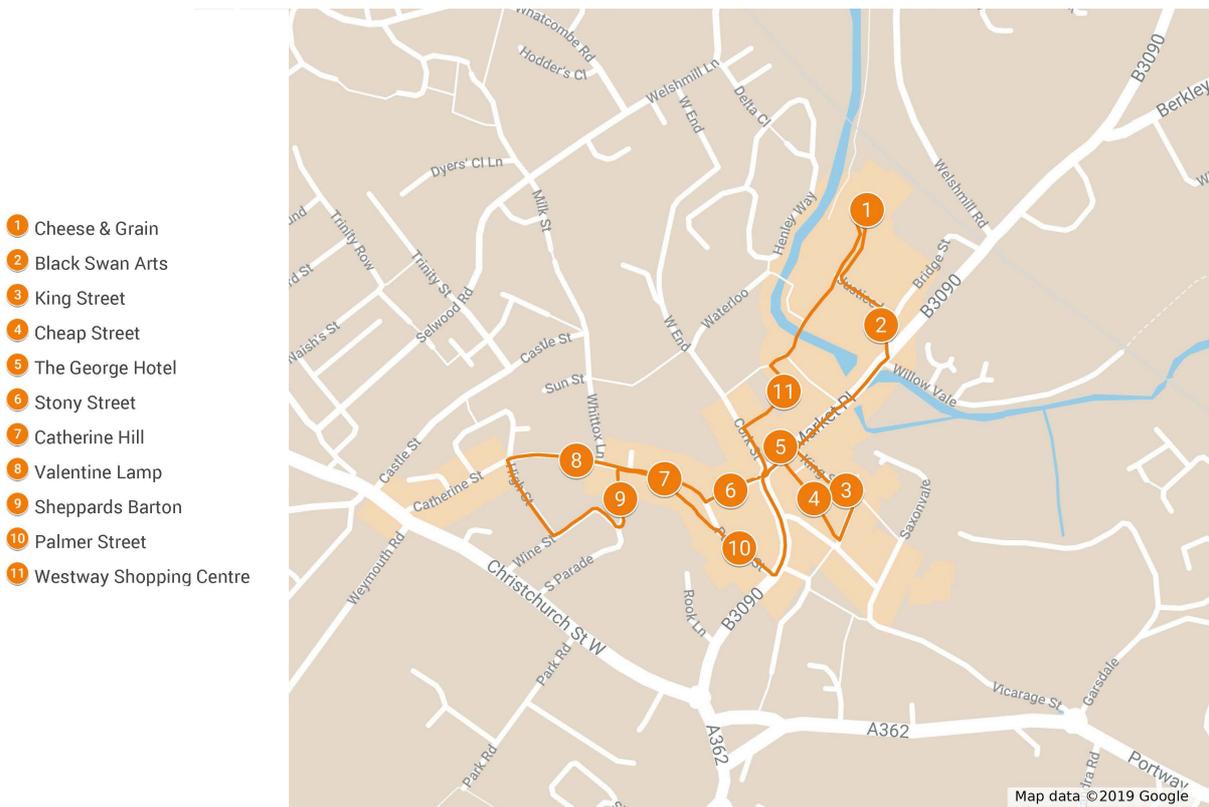


Discover Frome

Shopping and Cafes Walk



Frome is full of independent shops and cafes. It is a destination town for stylish clothing, jewellery, bags and other accessories, housewares and art, as well as artisan food, bread and cakes and some excellent places to eat or have a coffee. This walk will take you through Frome's iconic medieval shopping streets.

Approx. 1 mile

Start

- 1 Cheese and Grain

The Cheese and Grain is most famous for the markets and events it holds in its hall. Here you can find everything from music nights and comedy to festivals, exhibitions and markets. You can also stop by the cafe bar for food and drink.

Head across the Cattle Market Car Park and up Justice Lane to reach The Black Swan Arts.

- 2 The Black Swan Arts

A contemporary crafts centre with gallery, craft studios you can shop around and Black Swan Arts Cafe. The building also features a vibrant exhibitions programme of contemporary and innovative art and crafts. The Discover Frome Information Point is also located here.

Walk along Bridge Street. You may wish to pop into the River House for a great coffee, hot chocolate and food. Cross over at the pedestrian crossing and turn left by the Archangel into King Street.

3 King Street

On the junction of King Street and the Market Place lies The Archangel. It is a medieval inn transformed into a boutique hotel, bar and restaurant. On your way up King Street you will be diverted by independent shops selling fashion, fabrics, modern designer household goods, pet and aquatic supplies, The Three Swans pub and M & S Simply Food.

Follow the curve of King Street, then turn right into Cheap Street.

4 Cheap Street

The street has retained its historic medieval character, with a leat running down the street, carrying water from the stream beneath St John's Church. You can find a wide range of independent shops and cafes, including books, clothing, records, jewellery, bags and other leather goods, housewares, artisan food, bread and cakes and some excellent places to eat or have a coffee.

Walk down Cheap Street to the Market Place and cross the road to reach The George Hotel.

5 The George Hotel

Nestled in the heart of Frome, a warm welcome awaits you at The George Hotel. A well-situated and comfortable Hotel enjoying an excellent reputation for food, beer and coffee. The George dates back at least to 1650, and has been the centre of the social and business life of Frome for the past three and a half centuries.

Head left towards Stony Street.

6 Stony Street

Stony Street is a lovely cobbled shopping street which is a part of the St Catherine's area of Frome. Here you'll find shops and cafes including: Postscript, The Garden Cafe, The Golden Goose, Punctured Skin, Truly Sopol, The WHY Gallery, Penleigh Butchers, Siren Tattoo.

At the top of Stony Street, turn right up Catherine Hill.

7 Catherine Hill

This is one of the historic areas of Frome, composed of cobbled streets which used to be the main road into Frome. Now you will find classic gifts, stylish clothes and accessories, ceramics, haberdashery, classy burlesque dresses, vintage clothes, florists, ironmongery and cafes.

Continue onto Catherine Street. If you would like to visit the Rye Bakery, walk down Whittox Lane. Head back up to the Valentine Lamp to continue the route.

8 Valentine Lamp

Nestled among the shops of Catherine Street, including the famous Deadly is the Female, is the historic Valentine Lamp. This is a working gas lamp, the only one in Somerset, that is dedicated to the memory of St. Valentine. Every year there are lighting ceremonies when the gas lamp is lit for the first time. A six-paned, 3 mantle gas lantern on a column cast in a local foundry, it is set amidst a heart-shaped ring of cobbled stones. The lamp even has attached a renovated George V posting box attached - for your love letter or Valentine card.

Continue along Catherine Street, then turn left on High Street. Turn left at Wine Street and follow the road to reach Sheppards Barton to the left. Follow the passageway and walk down the Sheppards Barton steps.

9 Sheppards Barton

Sheppards Barton gained its name from the cottages built there for weavers in the first half of the 18th century by the Sheppard clothier family. By the steps you can see a Cockey lamp, one of the architectural legacies of Frome. Made by the Cockey family, the 'art nouveau' light is recognisable by its distinctive leaf pattern.

Turn right and walk back down Catherine Street, and following along the raised pavement at Paul Street to reach Palmer Street.

10 Palmer Street

Another one of Frome's distinctive shopping streets, Palmer Street is home to shops and restaurants including: Six, Jhalmuri, Melanie Giles, Palmer Street Bottle, The Old Bath Arms, Castello and Dragon Pearl.

Join Bath Street and walk down the hill. Once you reach the Market Place, continue along to Cork Street and turn right into the Westway precinct.

11 Westway Shopping Centre

Long established local businesses based here sell toys, stationery, art and homewares. The Co-op supermarket sells dairy products from their own local farm and has an independent butcher. You will also find other national retailers at this location.

Across the bridge you will find the Cattle Market Car Park. If you walk through the car park you will find yourself back at your starting point at the Cheese & Grain.

Finish